



postoncommunications.com

FOR IMMEDIATE RELEASE

Contact: Mikey Mooney
Poston Communications
(404) 875-3400
mooney@postoncommunications.com

**AGG STRENGTHENS EMPLOYMENT PRACTICE
WITH ADDITION OF PARTNER JOHN BENNETT IN ATLANTA**

ATLANTA, July 30, 2026 – [Arnall Golden Gregory LLP](#) (AGG) is pleased to welcome [John Bennett](#) as a partner in the firm's [Litigation & Dispute Resolution](#) and [Employment](#) practices. Based in the firm's Atlanta office, John represents employers, executives, and governmental entities in employment litigation, workplace counseling, restrictive covenant disputes, commercial litigation, and Fair Housing Act matters. His addition further strengthens AGG's ability to counsel employers and organizations facing increasingly complex workplace, regulatory, and business challenges.

"John has built an impressive practice representing employers in complex workplace disputes while serving as a trusted advisor on day-to-day employment issues," said [Megan Mitchell](#), co-chair of AGG's Litigation & Dispute Resolution practice and a member of the firm's Employment practice. "His litigation experience, collaborative approach, and commitment to client service make him an outstanding addition to our team. We're excited to welcome John to AGG and continue building on the strength of our Employment and Litigation practices."

John represents employers, including healthcare organizations, in litigation involving discrimination, harassment, retaliation, wage and hour, leave, labor relations, workplace safety, and other employment matters, while also advising clients on workplace compliance, internal investigations, employment policies, employee discipline, and management training. He also regularly handles restrictive covenant, non-compete, trade secret, unfair competition, and other complex commercial disputes. John also maintains a national Fair Housing Act practice, representing property owners, homeowners' associations, apartment communities, senior living providers, and other housing organizations in litigation and administrative proceedings before federal and state enforcement agencies in more than 20 states.

Beyond litigation, a substantial portion of John's practice focuses on proactive counseling. He advises employers on policy development, employee handbooks, leave management, internal investigations, and other workplace issues designed to help organizations minimize legal exposure before disputes arise. Clients frequently engage John as a trusted outside advisor, often serving as an extension of their in-house legal and human resources teams.

"Joining Arnall Golden Gregory allows me to offer my clients a full-service approach with a firm that has an impeccable reputation, while also giving me the opportunity to help to grow and expand an already excellent employment law team," John said. "With AGG, my clients don't just get me, they have a full team of attorneys ready to support with any need they might have. The ability to offer a one-stop-shop for my clients across sectors is an incredible value that I'm excited to leverage for employers with an ever-evolving list of legal needs."

Prior to joining AGG, John spent nearly a decade at a well-known Atlanta labor and employment boutique and later joined a national firm where he served as chair of the Labor & Employment practice group and the Restrictive Covenants & Unfair Competition subgroup.

John earned his J.D., *cum laude*, from the University of Georgia School of Law and his B.A. in English from the University of Georgia.

ABOUT ARNALL GOLDEN GREGORY LLP

[Arnall Golden Gregory](http://www.agg.com) (AGG) is an Am Law 200 law firm with offices in Atlanta and Washington, D.C. Our client-service model is rooted in taking a “business sensibility” approach of fully understanding how our clients’ legal matters fit into their overall business objectives. Our transaction, litigation, regulatory, and privacy counselors serve clients in healthcare, real estate, retail, technology, fintech/payment systems, global commerce/global mobility, life sciences, logistics and transportation, government investigations, and government contracts. With our rich experience and know-how, we don’t ask “if,” we figure out “how.” Visit us at www.agg.com.

###